

Don't Hesitate... Just Ask!

1. Did you wash your hands?
2. Are you using a new single-use file?
3. Can you show me how you disinfect your pedicure tubs and other tools?



Look around for
disinfectants such as
Barbicide and Bleach

Your Health in Your Hands Do you see an unsafe practice?

If your nail salon does not
follow the safety
requirements outlined in this
brochure, contact the
Danbury Health Department



155 Deer Hill Avenue
Danbury, CT 06810
(203) 797-4625

Health in Your Hands

How Manicures and Pedicures Can Impact Your Health



CITY OF DANBURY
HEALTH & HUMAN SERVICES



The Danbury Department of Health & Human Services inspects nail salons for cleanliness and proper sanitation practices. While our department works our best to keep you safe, it is important that you the consumer be educated to ensure best practices every day.



Being An Educated Consumer is Key

Common Nail Salon Violations

- Re-use of single use items such as wax applicators, nail files, emery boards, orange sticks, and drill bits
- Nail stations that are not cleared of nail clippings
- Improper sanitation and cleaning of pedicure tub

- Make sure both you and the technician wash hands before any services to prevent the spread of viruses and bacteria
- Look for the salon's license and certificate of inspection. This confirms that the salon has been inspected by the health department and passed health and safety standards
- Make sure the pedicure station has been properly sanitized between uses, even when disposable plastic liners are used
- Invest in your own set of tools and bring them with you when receiving services
- Do not shave your legs before visiting a salon
- Do not visit a salon with open cuts or wounds

Customer and Worker Protection

Customers and Nail technicians may be exposed to dangers during services. To ensure safety and health, take note of the following:

- Use of gloves and masks when providing services
- Adequate ventilation means little to no odors are present
- There should be no smoking in salons due to many of the materials being flammable

What Could Go Wrong?



If precautions are not followed, you and others may be at a greater risk for the following:

- **Bacterial infections:** Staphylococcus, Streptococcus, and Pseudomonas
- **Viral infections:** warts, hepatitis B and C, and HIV/AIDS
- **Fungal infections:** athlete's foot, nail fungus, and yeast
- Problems with breathing due to inhalation of chemicals and dust